

## *Station 5: Jesus Carries His Cross*

### **READ**

*Then the governor's soldiers took Jesus into the Praetorium and gathered the whole company of soldiers around him. They stripped him and put a scarlet robe on him, and then twisted together a crown of thorns and set it on his head. They put a staff in his right hand. Then they knelt in front of him and mocked him. "Hail, king of the Jews!" they said. They spit on him, and too the staff and struck him on the head again and again. After they had mocked him, they took off the robe and put his own clothes on him. Then they led him away to crucify him.*

*(Matt. 27: 27-31)*

*Carrying his own cross, he went out to the place of the Skull (which in Aramaic is called Golgotha). (John 19:17)*

### **REFLECT**

We are a people of the cross. Our way is to follow Jesus who carried his cross and so we, too, are to pick up our cross and follow him. For Jesus, the cross was the burden that a sinful people placed on him as they sought to reject him but the cross was also the sacrifice through which Christ would redeem the entirety of all creation. What burdens and sins are you being called to hand over to Christ and in what way is God calling you to sacrifice for him? Our joy is that we are not called to carry sin or burden but as we are set free through Christ's cross we are called to pick up our own.

How is God calling you into a life of love and sacrifice today? What is the cross you are being asked to pick up?

### **ACTION**

Hold a prayer cross (if you have one) and continue along your journey.